

apple juice has only recently been introduced, enormous strides are being made in its development. In this country few people even realise what the nature of natural apple juice is, confusing it, it appears, with such apple beverages as non-alcoholic cider.

Pure natural apple juice is aptly described on the Continent as "liquid fruit." It is the unadulterated juice of sound, ripe apples. It is undiluted and is one of the very few fruit juice drinks which contains no preservative of any kind. It contains, of course, no alcohol, since fermentation is prevented. The method of manufacture ensures that the natural fruit sugars and mineral salts are completely retained, and the value to health is comparable with that of the best raw fruit.

The value of apple juice for national fitness cannot be overstated. It is used by the leading health clinics throughout the world as a natural corrective, energiser, and cleanser. It is given to infants from three months, and is included in the training diet of nearly all athletes.

THE FIGHT AGAINST RHEUMATISM.

The importance of the fight against rheumatism is being increasingly realised, and on May 14th of this year the Grey Cross Campaign was launched on behalf of the Royal Bath Hospital, Harrogate, for an urgently needed extension of the Hospital, which is a national institution specialising in the treatment of rheumatic diseases.

When it is realised that rheumatism costs the nation £20,000,000 a year, and produces more cripples than any other disease, and that it is the chief cause of heart disease, which is in itself responsible for one-third of the death-rate, it will be understood how urgent is the need for dealing with this serious and disabling disease.

Subscribers to the fund have given large sums, and the Mayoress of Harrogate, Mrs. J. Boehrer Charles, realising that many people would be happy to give smaller sums, began a purses fund for that purpose. With the aid of a committee of people interested in the campaign she was able to gain good support for the Fund, and, thanks to the generosity of the artistes, a first-rate concert was arranged.

The Mayoress had the good fortune to enlist the interest and active support of the Princess Royal, who on September 3rd attended a matinee arranged by Mrs. Charles, at which several eminent artistes gave their services, when the substantial sum of £439 16s. 1d. was contained in purses presented to Her Royal Highness, who, during the interval, went on to the platform and received purses from representatives of nearly every organisation in Harrogate and of others in the district.

RED CROSS RELIEF IN SPAIN

The British Government have contributed another £2,500 to the International Red Cross Committee for relief work in Spain, making their total contribution £7,500.

Up to August 15 grants received by the committee for the work in Spain amounted to £18,500. Of this, £5,000 has been contributed by the British Government. The British Government have decided to make their latest contribution because of the valuable work of the committee and in the hope of inducing other countries to follow suit. Unless, however, further substantial amounts are received by the committee from elsewhere, the Government fear that they will be unable to grant any further sums.

TERRITORIAL ARMY NURSING SERVICE.

A very successful and largely attended reception was given by Miss Jones, O.B.E., A.R.R.C., Principal Matron, 1st West General Hospital, at the Royal Infirmary, Liverpool, on September 3rd, to meet Miss Phillips, R.R.C., Matron-in-Chief, Territorial Army Nursing Service.

APPOINTMENTS.

MATRON.

Bradford Children's Hospital.—Miss D. H. Blow, S.R.N., has been appointed Matron. She was trained at the Bradford Children's Hospital and at the Royal Infirmary, Manchester, and has held posts at the Sussex Maternity Hospital and at the Newhall Private Hospital, Birmingham. Miss Blow has also been Ward Sister, Senior Sister, Theatre Sister and Assistant Matron at the Bradford Children's Hospital.

DEPUTY MATRON AND SISTER TUTOR.

City Isolation Hospital, Coventry.—Miss A. Irene Hughes, S.R.N., R.F.N., has been appointed Deputy Matron and Sister Tutor. She was trained in general nursing at St. Mary Abbot's Hospital, Kensington, W.8., and in Fever Nursing at the Willesden Isolation Hospital. She has held the position of Senior Sister at the Coventry City Isolation Hospital, and of Sister at Harrow General Hospital.

ASSISTANT MATRON.

St. Mary's Infirmary, Leeds.—Miss H. M. B. Flemington, S.R.N., S.C.M., has been appointed Second Assistant Matron. She was trained at the Whipps Cross Hospital, Leytonstone, where she was later Staff Nurse, and has been Second Assistant Matron at the Royal Albert Institution, Lancaster, and Holiday Relief Sister at the Forest Gate Hospital, London, E. Miss Flemington was awarded an Honours Certificate in Invalid Cookery by the Universal Cookery and Food Association, and holds a Housekeeping Certificate. Before taking her general training, Miss Flemington was Assistant Kindergarten Mistress at the Fulneck Girls' School, and Junior Form Mistress at the Fulneck Boys' School, Pudsey.

SECOND ASSISTANT MATRON AND PUPIL MIDWIFE TEACHER.

Birkenhead Municipal Hospital.—Miss M. A. Reynolds, S.R.N., S.C.M., has been appointed Second Assistant Matron and Pupil Midwife Teacher. She was trained at the Withington Hospital, Manchester, where she was later Staff Midwife, and has been Maternity Sister at the Hertford British Hospital, Paris, and Assistant Sister Tutor at the Liverpool Maternity Hospital. Miss Reynolds holds the Midwifery Teachers' Diploma.

SISTER TUTOR.

Crumpsall Hospital, Manchester.—Miss Dorothy Biddle, S.R.N., R.S.C.N., S.C.M., has been appointed Sister Tutor. She was trained at the Hope Hospital, Salford, and at the Booth Hall Hospital, Manchester, and has been Ward Sister at the Hope Hospital, Salford, Relief Home Sister at the Birch Hall Hospital, Rochdale, and Sister Tutor at the City Sanatorium, Birmingham. Miss Biddle holds the Sister Tutor Certificate of the Batterssea Polytechnic, and also a Housekeeping Certificate.

St. James's Hospital, Leeds.—Miss B. M. Hedley, S.R.N., S.C.M., has been appointed Second Sister Tutor. She was trained at St. James's Hospital, Leeds, where she has since been Staff Nurse, and Maternity Ward Junior Sister and Night Sister.

Eversfield Chest Hospital, St. Leonards-on-Sea.—Miss D. E. N. Higley, S.R.N., has been appointed Sister-Tutor. She was trained at the Leicester Royal Infirmary where she held the positions of Staff Nurse and Sister, of Sister at the Baguley Sanatorium, and of Sister Tutor and Theatre Sister at the Cheshire Joint Sanatorium. She holds the position of Sister in the Territorial Army Nursing Service.

THE PASSING BELL.

We much regret to record the death of Miss Annie A. Barling for nearly twenty years Matron of the Infirmary, Kidderminster.

Miss Barling, who came of a distinguished family of doctors and nurses, was trained at St. Bartholomew's Hospital, London, gaining the certificate of the hospital and the gold medal of her year in 1893. The same year she was appointed Matron of the Kidderminster Infirmary. She joined the Matrons' Council of Great Britain, supporting its demand for the State Registration of Trained Nurses, and for some years she held the position of a Vice-President of the Council. She was also a member and Vice-President of the Society for the State Registration of Nurses.

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